

December 2018

Riverside High School Breakfast Menu



M	0	n	d	a	1

Tuesday

Wednesday

Thursday

Friday

No School

Sausage, Egg & Cheese on a whole Grain Bun Ham, Egg & Cheese

Sausage, Egg & Cheese on a whole Grain Bun Bacon, Egg & Cheese

28

28 On a Whole Grain Bun On Whole Grain Bun French Toast w/ Sausage, Egg & Cheese Ham, Egg & Cheese Bacon, Egg & Cheese Sausage, Egg & Cheese on a whole Grain Bun on a whole Grain Bun Sausage & Syrup On a Whole Grain Bun On Whole Grain Bun

French Toast w/ Sausage & Syrup 10

Sausage, Egg & Cheese on a Whole Grain Bun Sausage, Egg & Cheese

Ham, Egg & Cheese 12 On a Whole Grain Bun Ham, Egg & Cheese

Sausage, Egg & Cheese on a whole Grain Bun Sausage, Egg & Cheese

Bacon, Egg & Cheese On Whole Grain Bun Bacon, Egg & Cheese

French Toast w/ Sausage & Syrup 17 **Merry Christmas**

on a Whole Grain Bun No School

19 On a Whole Grain Bun No School

on a whole Grain Bun No School 27

On Whole Grain Bun **HAPPY NEW YEAR**

24

26

3

Bakery Sandwiches Served Daily! Served Daily!

> Sausage, Egg and **Cheese Sandwiches** Grab one and get to

> > class! Prices: Paid \$1.30 Reduced \$.30 Free \$.0

+ Take 2 Any 2

26

Basically if it grows on a tree or vine, you'll see it at some point. Fresh fruits, and juice available daily.

Start here! Choose Entrée

+ Grab a Milk

Low fat, Low Fat Flavored and Skim available daily

GOOD FOR YOU

Fruits

Assorted Fresh Fruit Apples, Oranges,

Bananas

Assorted Juice Apple, Orange, & Grape

Cereal

Assorted Cereal

available daily!

Bagels & Yogurt Bagels w/Cream Cheese (plain or Strawberry)



Assorted Yogurts

Maple Mini **Pancakes**

Otis Spunkmeyer

Muffins

Apple Cinnamon

Blueberry

Asst.Breakfast

Cereal Bars